

THE FOLLOWING EXCERPT FROM THE "STOP LOSING WOMEN" E-BOOK IS FROM "CHAPTER 17: STOP BEING AFRAID TO ESCALATE TO THE BEDROOM" PAGES 261-263

STEP #6: STIMULATING HER "HOT ZONES"

Assuming you've gotten her to agree to move to another part of the house that's primed for sexual activity, the next step is to move from touching her "tester areas" to what I call the "hot zones." If she was showing excitement and pleasure at you touching her "tester areas," that means she's comfortable with you touching her, and may be open to allowing you to exploring parts closer to her more personal areas.

What follows is a listing of "hot zones" that, when stimulated, will cause her body to go into over-drive in a relatively short amount of time, and have her ready to get it on:

EARS: Gently kissing, nibbling, or blowing warm air into a woman's earlobe can be highly arousing. Some women are also sensitive to having their ears lightly stroked or massaged.

NECK: The neck is a sensitive area for many people. Kissing, licking, or softly nibbling the neck and collarbone can be quite pleasurable.

INNER THIGHS: This area is often overlooked but can be highly sensitive. Light kisses, caresses, or teasing touches along the inner thighs can be very arousing.

FEET: Some women find their feet to be an erogenous zone. Massaging or gently kissing the feet and toes can be pleasurable

for them, as the nerves in the feet lead back to her main pleasure zone. Trust, she WILL feel it there!

LOWER BACK: The lower back, just above the buttocks, can be sensitive to touch. Light strokes or a gentle massage in this area can be relaxing and arousing.

LOWER ABDOMEN: The area just below the navel can be highly sensitive. Gentle caresses and kisses in this area can be a turn-on for many women.

BREASTS AND NIPPLES: While not exactly obscure, some men may not pay enough attention to the breasts and nipples. Soft touches, kisses, and gentle caresses can be extremely pleasurable. They also enjoy them being grabbed and pressed up against with pressure.

SCALP: A gentle scalp massage or running fingers through the hair can be relaxing and arousing for many women.

INNER WRISTS: The inner wrists can be sensitive to light touches, a flickering tongue, and kisses.

SMALL OF THE BACK: Some women find the small of their back to be sensitive to touch and caresses.

BUTTOCKS: While not necessarily obscure, the buttocks can be highly sensitive. Massaging or gentle spanking can be pleasurable for some women.

BEHIND THE KNEES: The skin behind the knees is delicate and can be sensitive to light touches and kisses.

Lastly, massages in general are a very, very good tactic for trying to spark her arousal a lot faster, because if you're making the other parts of her body feel relaxed and feel nourished, then she is also going to be relaxed, nourished, and more apt to feel comfortable with letting you into other parts of her body, including the various sexualized areas.



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