

*THE FOLLOWING EXCERPT FROM THE "STOP LOSING WOMEN" E-BOOK IS FROM "CHAPTER 15: STOP SETTING UP FALSE DATING EXPECTATIONS," PAGES 229-232*

### **INSTANT VS GRADUAL ROMANCE**

Another thing you want to avoid early on is being excessively romantic. You might read that and think: "But Harry, how can I attract a girl without being romantic?" Notice I didn't say "don't be romantic at all." What I said was don't go overboard with it.

What does that mean? Don't spill out all the "feelings" you THINK you have for her in the beginning, especially verbally. For one, much of your emotion at this time is being driven by lust and a desire to sleep with her. You need to get past that feeling and really spend more time with her before starting to dole out emotional platitudes.

That said, two: expressing your emotions too verbally is generally a bad idea. One significant reason for this is that if you're saying emotionally charged things but not backing them up with actions, she's likely to view you as insincere. She might suspect you're just trying to charm your way into her affections without genuinely feeling what you're saying.

For instance, imagine you start dating a woman, and on the second date, you declare, "I just want to let you know, I love you. Ever since you entered my life, even though it's only been two dates, everything has been better. I want to shower you with gifts, love, and affection because I love you." And you're saying all of this on the second date. Well, what's left for date 13?

Starting off too intensely early on can backfire when you eventually ease up on the romance, and she starts questioning why you're not as romantic as before. She might think, "You used to tell me I was your entire world and shower me with gifts, but now you don't. You're not the same person I dated. I want to find someone else."

Now, let's contrast that with a more gradual approach to building romance. In the early dates, you keep it light and fun. But by the fifth date, you've remembered something she mentioned on the second date, like a song she likes, and you include it in a mix you've made for your next outing. It's a small, thoughtful gesture that makes her think, "He's paying attention. He's noticing the little things I say. I like that. It feels like he's making an effort to really get to know me and what I like."

Then, on the seventh date, you surprise her by saying, "Remember on our first date, you mentioned your favorite type of coffee? I picked some up for you." She's likely to be touched by the fact that you not only remembered but also acted on that detail. It shows that you're attentive and considerate, which can be very endearing.

On date 10, you plan something special. You suggest going for a drive, and you take her to a spot where you can see the stars in the sky by the beachfront. You hold her close, and she's thinking, "Wow, I feel so loved by this man. This feels perfect."

This gradual approach allows her to experience the development of your romance in a more authentic way, based on who you truly are and what you're genuinely capable of at this stage in your life,

Instead of her recounting a story like, "This guy showered me with a bunch of romantic words that sounded insincere, and then he abruptly stopped, and I lost interest."

Also, notice how all the examples I gave of you romancing her were ACTIONS, not WORDS? You have a better chance of your romance not feeling over-whelming by doing *actions* that signal you have feelings instead of *verbalizing* it. I wish it were different, and I wish as a man you could get away with verbally expressing your feelings to her during the dating process as much as they're able to do it.

But, the reality is that, to most women, you verbally expressing your feelings gives the vibe of female energy. And a woman who displays feminine energy is usually looking for a man who displays masculine energy. Masculine energy is action, and you will fare much better showing your love for women by DOING, not by SPEAKING all the time.



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